



WHY THIS MATTERS

Suicide remains one of the leading causes of death for young Australians, particularly in regional and First Nations communities.

Goanna Academy exists to change that through prevention, education and connection.



OUR STRATEGIC ROADMAP

Goanna Academy's strategic roadmap is focused on expanding preventative mental health education, strengthening community resilience and empowering Australians with the tools and support needed before challenges reach crisis point.



OUR FOCUS AREAS



PREVENTATIVE EDUCATION

Delivering evidence-based mental health programs that builds resilience, confidence and early help-seeking behaviours in schools and communities.



COMMUNITY CONNECTION

Creating safe spaces through sport, storytelling and lived experience to strengthen support networks and reduce stigma.



NATIONAL EXPANSION

Expanding programs into regional and remote areas to ensure no young person or community is left behind.



MEASURABLE IMPACT

Partnering with organisations including the Wollotuka Institute to evaluate and strengthen long-term community outcomes.



2020 - THE BEGINNING

Founded by Greg Inglis with a mission to break the stigma around mental health.



2021-2024 - COMMUNITY IMPACT

Programs delivered across schools, workplaces and communities throughout Australia, reaching 7,600+ participants directly through face to face engagement.



2025-2026 - REACHING MORE COMMUNITIES

Expanding Goanna Academy programs across Australia to create lasting impact where it's needed most.



2027 - FUTURE GROWTH

Building resilient communities across Australia through education, connection, early intervention and culturally informed support.



PREVENTATIVE MENTAL HEALTH EDUCATION ACROSS AUSTRALIA



“

Goanna Academy's strategic roadmap is focused on expanding preventative mental health education, strengthening community resilience and empowering Australians with the tools and support needed before challenges reach crisis point.

”



HELP SHAPE THE FUTURE OF MENTAL HEALTH

Through partnerships, advocacy and community-led action, we are building a future where no person suffers alone or in silence."

A large, stylized, light brown circular pattern is located in the top right corner. It consists of several concentric circles, with the outermost ring containing a series of small dots, creating a boomerang-like shape. This is a traditional Indigenous Australian design.

A large, stylized, light brown silhouette of a goanna is positioned on the right side of the image. The goanna is facing left, with its tail extending towards the bottom right corner. The silhouette is filled with a subtle, repeating pattern of small, light brown shapes.